

The 9th Annual Aging In Place Workshop

Saturday, August 15, 8:30am–2:30pm
Ala Moana Hotel



No reservations required. For more information, call 808-234-3117

	ALZHEIMER'S ASSOC. Keller Williams	LEGAL & FINANCIAL Mahalo Mortgage	AARP
	HIBISCUS BALL RM.	CARNATION ROOM	PAKALANA ROOM
AM Session	8:30–9:15 Behaviors and Communications <i>Pamela Ah Nee</i> Alzheimer's Association	How to Finance your Long-Term Care Needs <i>Michael W.K. Yee, CFP</i> Ameriprise Financial	Prepare to Care <i>Jackie Boland, AARP</i>
	9:30–10:15 Healthy Habits for a Healthier You <i>Alzheimer's Association</i>	Aging in Place—Use Your Home to Stay at Home <i>Percy Ihara</i>	Share the Care: Family Conversations That Work <i>Tracey Wiltgen, Mediation Center of the Pacific</i>
	10:30–11:15 Nutrition and the Brain <i>Dr. Kore Liow</i>	Estate Planning for You and Your Family <i>Stephen Yim, Attorney at Law</i>	Home Modification for Aging at Home <i>Susan Hurd and Gissou Rosala, AARP</i>
Mid-Day Break	80th Anniversary of Social Security—Come Celebrate with a Birthday Cake	Visit Exhibitors (Open all day) Over 45 Exhibitors	Visit Exhibitors (Open all day) Over 45 Exhibitors
PM Session	11:45–12:30 Behaviors and Communications <i>Pamela Ah Nee</i> Alzheimer's Association	How to Finance your Long-Term Care Needs <i>Michael W.K. Yee, CFP</i> Ameriprise Financial	Will Social Security Be There For You? <i>Gerry Silva, AARP</i>
	12:45–1:30 Healthy Habits for a Healthier You <i>Alzheimer's Association</i>	Aging in Place—Use Your Home to Stay at Home <i>Percy Ihara</i>	Your AARP in Action: Get involved <i>Jackie Boland, AARP</i>
	1:45–2:30 Nutrition and the Brain <i>Dr. Kore Liow</i>	Estate Planning for You and Your Family <i>Stephen Yim, Attorney at Law</i>	Avoid Fraud and Scams <i>Gerry Silva, AARP</i>

FAMILY Comforting Hands	PROGMS. & SERVICES Get2insurance.com	Kokua Care
PLUMERIA ROOM	ILIMA ROOM	GARDEN LANAI
Falling is Not a Form of Exercise <i>David Nakamaejo, Comforting Hands</i>	How Medicare Works for You <i>Martha Khlopin, Get2Insurance.com</i>	De-Clutter and Age in Place Graciously <i>Cynthia Arnold, Declutter Hawaii</i>
Active Aging <i>Diane Cadinha, Shaping Up! Personal Trainer</i>	Understanding Medicaid <i>Cassandra Stewart, Cardon Outreach</i>	Navigating Long Term Care <i>Hope Young, Kokua Care</i>
Senior Living Options <i>Tricia Medeiros, The Plaza Assisted Living</i>	Social Security <i>Jane Burigsay, Social Security Administration</i>	7 Secrets to Reverse Aging <i>Dr. Shintani</i>
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