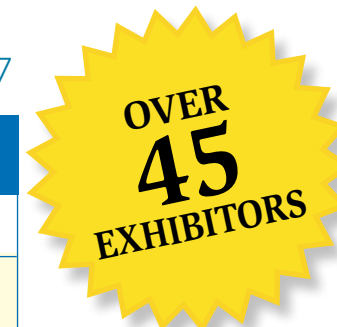


# The 8th Annual Aging In Place Workshop

Saturday, August 23, 8:30am–2:45pm  
Ala Moana Hotel



No reservations required. For more information, call 808-234-3117



	AARP	Legal & Financial	Government Prgm. AlohaCare
	HIBISCUS BALL RM.	PLUMERIA ROOM	PAKALANA ROOM
AM Session	<b>8:30–9:30</b> Costs and Challenges of Care: Possible Solutions <i>Steve Tam, AARP</i>	How to Finance your Long-Term Care Needs <i>Michael W.K. Yee, CFP Ameriprise Financial</i>	Medicare Made Simple <i>Martha Khlopin, AlohaCare</i>
	<b>9:45–10:30</b> The Future of Social Security, <i>Kathy Jaycox, AARP</i>	Aging in Place—Use Your Home to Stay at Home <i>Percy Ihara</i>	Medicaid Myths and Legends: What Have You Heard? <i>Cassandra Stewart, Cardon Out Reach</i>
	<b>10:45–11:30</b> Fraud Watch! The Con Artist's Playbook <i>Jackie Boland, AARP and Deputy Prosecuting Attorney Scott Spalina</i>	Estate Planning for You and Your Family <i>Stephen Yim, Attorney at Law</i>	Social Security <i>Jane Burigsay Social Security Administration</i>
Mid-Day Break	Visit Exhibitors (Open all day) <b>Over 45 Exhibitors</b>	Visit Exhibitors (Open all day) <b>Over 45 Exhibitors</b>	Visit Exhibitors (Open all day) <b>Over 45 Exhibitors</b>
PM Session	<b>Noon–1:00</b> Costs and Challenges of Care: Possible Solutions <i>Steve Tam, AARP</i>	How to Finance your Long-Term Care Needs <i>Michael W.K. Yee, CFP Ameriprise Financial</i>	Medicare Made Simple <i>Martha Khlopin, AlohaCare</i>
	<b>1:15–2:00</b> Getting Your Life Documents In Order <i>Jeannette Kojane, Kokua Mau</i>	Aging in Place—Use Your Home to Stay at Home <i>Percy Ihara</i>	Medicaid Myths and Legends: What Have You Heard? <i>Cassandra Stewart, Cardon Out Reach</i>
	<b>2:15–3:00</b> Assistive Technology to Survive and Thrive <i>Barbara Fischlowitz-Leong, Exec. Director of ATRC Hawaii</i>	Estate Planning for You and Your Family <i>Stephen Yim, Attorney at Law</i>	Premium Senior Services <i>Christina Valenzuela, Catholic Charities</i>

Caregiving Cardon Outreach	Healthy Aging	Kokua Care
CARNATION ROOM	ILIMA ROOM	GARDEN LANAI
Fall Prevention Tips <i>David Nakamaejo, Comforting Hands Senior Care</i>	Supplements For Seniors <i>Dr. Amy Brown, University of Hawaii</i>	De-Clutter and Age in Place Graciously <i>Cynthia Arnold, Declutter Hawaii</i>
Living with Alzheimer's <i>Pamela Yuen, Alzheimer's Association</i>	10 Things to Know About Physical Therapy <i>Julie Moon, Physical Therapist</i>	Navigating Long-Term Care Options <i>Hope Young, Kokua Care</i>
Don't Send Me to a Nursing Home <i>Teri Bruesehoff HiHomecare</i>	Staying Healthy, Safe and Active: Senior Exercise and Tai Chi <i>Debbie Hart, Director Child &amp; Family Service, Gerontology Program</i>	7 Secrets to Reversing Aging <i>Dr. Shintani</i>
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Vacations Hawaii

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