

ALZHEIMER'S & CAREGIVERS SUPPORT GROUPS (SG)**OAHU — contact Pamela Ah-Nee, 808-591-2771**

Aiea	Alzheimer's SG	St. Timothy's Episcopal Church	98-939 Moanalua Rd.	3rd Mon, 7pm
Aiea	Pearl City Caregivers SG	Kapiolani Medical Center	98-1079 Moanalua Rd.	2nd Tue, 7pm
Honolulu	Alzheimer's SG	Kilohana UM Church, Rm. 6	5829 Mahimahi St.	2nd Mon, 7pm
Honolulu	Alzheimer's SG	Central Union Church, Fireside Rm.	1660 S Beretania St.	4th Thu, 10am
Honolulu	Alzheimer's SG	The Plaza–Punchbowl, Activity Rm.	918 Lunalilo St.	4th Sat, 3pm
Honolulu	Eldercare SG	residential / 808-395-9082	710 Ahukini St.	4th Sat, 9:30am
Honolulu	Koolau Caregivers SG	First Presbyterian Church	45-550 Kionaole Rd.	1st Thu, 7pm
Honolulu	Makiki Caregivers SG	Community of Christ Church	1666 Mott Smith Dr.	4th Mon, 7pm
Honolulu	Project Dana	Honpa Hongwanji Betsuin	1727 Pali Highway	2nd, 3rd, 4th Wed
Honolulu	VA Caregiver SG	VA Matsunaga Spark Center	459 Patterson Rd.	2nd Mon
Kailua	Alzheimer's SG	Castle Medical Center, Wellness Ctr.	640 Ulukahiki St.	3rd Tue, 6pm
Kailua	Castle Hosp. Caregiver SG	Castle Medical Center, Pikake Rm.	640 Ulukahiki St.	4th Thu, 10am
Kaneohe	Alzheimer's SG	King Intermediate School, Port. 1	46-155 Kam. Hwy.	2nd Sat, 10am
Kapolei	W. Oahu Caregivers SG	The Caregiver Foundation	891 Kamaaha Ave.	4th Thu, 7pm
Mililani	Mauka Alzheimer's SG	The Plaza–Mililani	95-1050 Ukuwai St.	4th Wed, 6:30pm
Wahiawa	Ctrl. Oahu Caregivers SG	Wahiawa General Hospital	128 Lehua St.	1st Thu
Hawaii Kai	Alzheimer's SG	Lunalilo Sun Room	501 Kekauluohi St.	3rd Thu, 10am

BIG ISLAND — contact Chris Ridley, 808-443-7360

Hilo	Alzheimer's SG	Church of the Holy Cross	440 W. Lanikaula St.	2nd Tue, 10am
Hilo	Alzheimer's SG	Aging and Disability Resource Ctr.	1055 Kinoole St.	2nd Wed, 5pm
Hilo	Alzheimer's SG	Hawaii Island Adult Care	34 Rainbow Dr.	3rd Thu, 9am

KAUAI — contact Humberto Blanco, 808-245-3200

Lihue	Agency on Elderly Affairs	Piikoi Building	4444 Rice St., Ste. 330	3rd Thu, 2pm
Princeville	Alzheimer's SG	Church of the Pacific	4520 Kapaka St.	2nd Thu, 3pm
Puakea	Alzheimer's SG	Regency–Puakea	2130 Kaneka St.	4th Tue, 4:30pm
Westside	Alzheimer's SG	Kauai Veterans Memorial Hosp.	4643 Waimea Cyn. Dr.	4th Thu, 3:30pm

MAUI — contact Lynsey Capone, 808-242-8636

Kahului	Alzheimer's SG	Adult Day Care Center	11 Mahaolu St.	4th Tue, 3pm
Wailuku	Alzheimer's SG	Hale Makua	1540 Lower Main St.	3rd Thu, 5:15pm

For online information on caregiving support groups, log on to these sites:

Alzheimer's Association Aloha Chapter | www.alz.org

The Caregiver Foundation | www.thecaregiverfoundation.org/support-groups/

Rehabilitation of the Pacific | www.tinyurl.com/rehabpacific

GENERATIONS RADIO SHOWS
LISTEN LIVE on KHNR & iHEART

SATURDAYS at 5pm–6pm on AM690 THE ANSWER
SUNDAYS at 3pm–4pm on www.iheart.com (search: KHNR)