

# RESOURCE GUIDE :: YMCA LOCATIONS

Branch	Address	Website	Phone
<b>ATHERTON Y – Honolulu</b> Mon.–Fri.: 1:00 p.m.–8:00 p.m.	1810 University Avenue	ymcahonolulu.org/locations	946-0253
<b>CENTRAL Y – Ala Moana</b> Mon.–Fri.: 4:30 a.m.–10:00 p.m.   Sat.: 5:00 a.m.–6:00 p.m.   Sun.: 7:00 a.m.–5:00 p.m.	401 Atkinson Drive	ymcahonolulu.org/locations	941-3344
<b>KAIMUKĪ-WAI‘ALAE Y – Kāhala</b> Mon.–Fri.: 5:30 a.m.–8:00 p.m.   Sat.: 6:00 a.m.–5:00 p.m.   Sun.: 8:00 a.m.–3:30 p.m.	4835 Kīlauea Avenue	ymcahonolulu.org/locations	737-5544
<b>KALIHI Y – Kalihi</b> Mon.–Thurs.: 5:00 a.m.–9:00 p.m.   Fri.: 5:00 a.m.–7:30 p.m.   Sat.: 8:00 a.m.–1:00 p.m.	1335 Kalihi Street	ymcahonolulu.org/locations	848-2494
<b>LEEWARD Y – Waipahu</b> Mon.–Thrs.: 5:30 a.m.–9:30 p.m.   Fri.: 5:30 a.m.–8:00 p.m.   Sat.: 7:00 a.m.–6:00 p.m.   Sun.: 9:00 a.m.–4:00 p.m.	94-440 Mokuola Street	ymcahonolulu.org/locations	671-6495
<b>MILILANI Y – Mililani</b> Mon.–Thurs.: 5:30 a.m.–9:00 p.m.   Fri.: 5:30 a.m.–8:00 p.m.   Sat. & Sun.: 8:00 a.m.–5:00 p.m.	95-1190 Hikikaulia Street	ymcahonolulu.org/locations	625-1040
<b>NU‘UANU Y – Honolulu</b> Mon.–Fri.: 4:45 a.m.–10:00 p.m.   Sat.: 6:00 a.m.–7:00 p.m.   Sun.: 9:00 a.m.–5:00 p.m.	1441 Pali Hwy.	ymcahonolulu.org/locations	536-3556
<b>WINDWARD Y – Kailua</b> Mon.–Fri.: 6:00 a.m.–9:00 p.m.   Sat.: 6:30 a.m.–6:00 p.m.   Sun.: 10:00 a.m.–6:00 p.m.	1200 Kailua Road	ymcahonolulu.org/locations	261-0808
<b>MAUI FAMILY YMCA* – Kahului</b> Mon.–Fri.: 5:30 a.m.–9:00 p.m.   Sat.: 7:00 a.m.–7:00 p.m.   Sun.: 10:00 a.m.–6:00 p.m.	250 Kanaloa Avenue	mauiymca.org	242-9007
<b>KAUA‘I ‘OHANA YMCA* – Lihue</b> Mon.–Fri.: 5:30 a.m.–8:00 p.m.   Sat.–Sun.: 10:00 a.m.–6:00 p.m.	4477 Nuhou Street	ymcaofkauai.org	246-9090
<b>HAWAI‘I YMCA* – Hilo</b> Mon.–Fri.: 5:00 a.m.–7:00 p.m.   Sat.: 10:00 a.m.–5:00 p.m.   Sun.: 1:00 p.m.–5:00 p.m.	300 West Lanikāula Street	ymcahilo.org	935-3721

**NOTE:** \*Membership fees, programs and classes at the YMCA on Kaua‘i, Maui and island of Hawai‘i may differ from YMCA of Honolulu. Call or log online for details.  
For all YMCAs, call for hours on major holidays.



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