

RESOURCE GUIDE :: YMCA LOCATIONS

Branch	Address	Website	Phone
ATHERTON Y – Honolulu Mon.–Fri.: 1:00 p.m.–8:00 p.m.	1810 University Avenue	ymcahonolulu.org/locations	946-0253
CENTRAL Y – Ala Moana Mon.–Fri.: 4:30 a.m.–10:00 p.m. Sat.: 5:00 a.m.–6:00 p.m. Sun.: 7:00 a.m.–5:00 p.m.	401 Atkinson Drive	ymcahonolulu.org/locations	941-3344
KAIMUKĪ-WAI‘ALAE Y – Kāhala Mon.–Fri.: 5:30 a.m.–8:00 p.m. Sat.: 6:00 a.m.–5:00 p.m. Sun.: 8:00 a.m.–3:30 p.m.	4835 Kīlauea Avenue	ymcahonolulu.org/locations	737-5544
KALIHI Y – Kalihi Mon.–Thurs.: 5:00 a.m.–9:00 p.m. Fri.: 5:00 a.m.–7:30 p.m. Sat.: 8:00 a.m.–1:00 p.m.	1335 Kalihi Street	ymcahonolulu.org/locations	848-2494
LEEWARD Y – Waipahu Mon.–Thrs.: 5:30 a.m.–9:30 p.m. Fri.: 5:30 a.m.–8:00 p.m. Sat.: 7:00 a.m.–6:00 p.m. Sun.: 9:00 a.m.–4:00 p.m.	94-440 Mokuola Street	ymcahonolulu.org/locations	671-6495
MILILANI Y – Mililani Mon.–Thurs.: 5:30 a.m.–9:00 p.m. Fri.: 5:30 a.m.–8:00 p.m. Sat. & Sun.: 8:00 a.m.–5:00 p.m.	95-1190 Hikikaulia Street	ymcahonolulu.org/locations	625-1040
NU‘UANU Y – Honolulu Mon.–Fri.: 4:45 a.m.–10:00 p.m. Sat.: 6:00 a.m.–7:00 p.m. Sun.: 9:00 a.m.–5:00 p.m.	1441 Pali Hwy.	ymcahonolulu.org/locations	536-3556
WINDWARD Y – Kailua Mon.–Fri.: 6:00 a.m.–9:00 p.m. Sat.: 6:30 a.m.–6:00 p.m. Sun.: 10:00 a.m.–6:00 p.m.	1200 Kailua Road	ymcahonolulu.org/locations	261-0808
MAUI FAMILY YMCA* – Kahului Mon.–Fri.: 5:30 a.m.–9:00 p.m. Sat.: 7:00 a.m.–7:00 p.m. Sun.: 10:00 a.m.–6:00 p.m.	250 Kanaloa Avenue	mauiymca.org	242-9007
KAUA‘I ‘OHANA YMCA* – Lihue Mon.–Fri.: 5:30 a.m.–8:00 p.m. Sat.–Sun.: 10:00 a.m.–6:00 p.m.	4477 Nuhou Street	ymcaofkauai.org	246-9090
HAWAI‘I YMCA* – Hilo Mon.–Fri.: 5:00 a.m.–7:00 p.m. Sat.: 10:00 a.m.–5:00 p.m. Sun.: 1:00 p.m.–5:00 p.m.	300 West Lanikāula Street	ymcahilo.org	935-3721

NOTE: *Membership fees, programs and classes at the YMCA on Kaua‘i, Maui and island of Hawai‘i may differ from YMCA of Honolulu. Call or log online for details.
For all YMCAs, call for hours on major holidays.



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